## Sample Weekend Schedule

## Friday

- 3:00 PM Registration (De Loor Hall) temperature checks
- 3:00 Bookstore Open (closes at 6:00)
- 5:45 Supper (Veranda)
- 7:00 Welcome and Orientation (Veranda)
- 7:45 Eucharist and Opening Conference (Veranda)
- 845 Personal time
- 10:30 Lock up of the House

# Saturday

- 7:00 AM Rising Bell
- 8:00 Breakfast (Veranda)
- 9:00 Morning Prayer (Veranda)
- 9:30 Conference (Private rooms/online)
- 10:30 Confessions/Personal Time/Spiritual Direction
- 11:15 Stations of the Cross (Self guided or online)
- 11:30 Bookstore Open (Close at 3pm)
- 12:15 PM Lunch (Veranda)
- 12:45 Personal Time/Spiritual Direction
- 3:00 Conference (Private room, online)
- 3:30 Personal Time/Spiritual Direction
- 5:00 Eucharist (Veranda)
- 6:00 Dinner (Veranda)
- 7:00 Conference (Veranda)
- 8.00 Rosary (Fountain)
- 10:30 Lock-up of the House

# Sunday

- 7:00 AM Rising Bell 7:45 Morning Prayer (Veranda) 8:00 Breakfast (Veranda)
- 9.15 Conference (Veranda)
- 9:15 Conference (Veranda) 10:30 Wrap-up (Veranda)
- 11:30 Eucharist (Veranda)
  - Departure

# What is a **Retreat?**

It is a personal encounter with God through a balance of communal prayer, inspirational talks, silence and solitude, natural beauty and sacramental grace. This sacred time brings renewal for your body, mind, and spirit.

Come to discover anew God's presence and Gospel living in today's world.

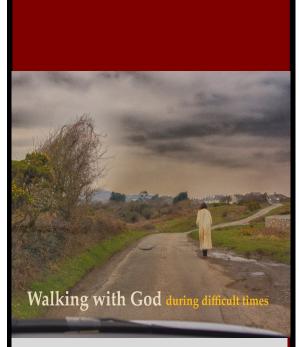
#### **Driving Directions**

From the WB 210 Freeway. Exit on Baldwin Ave and go straight up Baldwin to Sierra Madre Blvd., turn left and proceed to Sunnyside Ave and turn right. Proceed to the end and through the gates of the Retreat Center.

From the EB 210 Freeway. Exit on Rosemead / Michillinda, make a left on Colorado, a left on Michillinda and a right on Sierra Madre Blvd and travel east to Sunnyside Ave. Turn left on Sunnyside and proceed to the end and through the gates of the Retreat Center



700 N. Sunnyside Ave. Sierra Madre, CA 91024 626-355-7188 Website: www.materdolorosa.org



# Weekend Retreats for Men and for Women 2020-2021





# Walking with God during difficult times.

Living through historic times brings out the best and the worst of humanity; many of us have already seen this during this first, and hopefully

last year of the Covid-19 pandemic. The changes we have had to face, react to, and adapt to have been considerable. Many have also noted, most of these issues have been out of our control. While a recession and economic downturns have their significant detrimental effect, the experience of helplessness and separation, which the health crisis caused, was something new for most of us.

Science did not have the answers; local and national governments created notices, guidelines and an ever-changing set of policies; all intended to keep us safe while trying to limit the damage to everyday lives. These are likely to continue until we have an effective vaccine and treatments to avoid the further tragic loss of life. Meanwhile, we have to live in and through the situation and its effect on us all. Where do we go in these circumstances, finding where God is in all of this. Walking with God during these times is a retreat that may help considerably in this journey.

Recognizing the hurt and separation, many of us have felt, just as those did before us in sacred scripture. In listening and feeling, we can reflect on where God is calling us during this process, that far from being abandoned, He is with us on the journey if only we can notice His presence.

"Peace I leave with you; my peace I give to you; not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid." John 14:27

The conferences and dedicated prayers in the retreat will pave the way for us to understand better our part in this journey, and how, by walking with God, we can see he was there all along. The final stages of the weekend invite us to attend the banquet at the table of God's presence, recognizing He is always with us.

## GENERAL INFORMATION

**TIME:** Arrival after 3:00 PM Friday. Temperatures will be checked upon arrival. Masks are mandatory throughout your stay at Mater Dolorosa. A supper "al fresco" opens the retreat on Friday at 5:45 PM followed by Orientation at 7:00 PM. The retreat closes Sunday about 12:30 PM.

**PLACE:** North of I-210, Mater Dolorosa is located in the San Gabriel foothills. On its 80 acres, the center has 88 air conditioned rooms (doubles and singles) with private baths, amphitheater, library, gift shop/bookstore, Chapel, outdoor Stations of the Cross and special places of meditation— the Garden of the Seven Sorrows, the Blessed Sacrament Garden, and a mountain waterfall below a meditation pergola overlooking the Los Angeles Basin.

**SETTING:** Casual dress and comfortable shoes are recommended. **Masks are mandatory throughout your stay at Mater Dolorosa**. Please inform the office in advance if you need a medical diet, wheelchair ramp, room for physically challenged, etc. Non-medical related special meals will not be available during the pandemic. Please remember to maintain 6 feet apart.

**COST:** The cost of the in-house weekend is **\$250** (which includes the \$50 deposit) for the retreat program, two nights' accommodations and five meals. Online Retreats are: **\$125** and are available in 3 or 5 day programs.

Mater Dolorosa continues its long-standing policy of turning no one away because of financial need to pay for the retreat.

#### The Preaching Team for this retreat includes:

Mrs. Jean Bowler Fr. Clemente Barron, C.P. Dr. Michael J. Cunningham O.F.S. Fr. Bruno D'Souza, C.P. Fr. Michael Higgins, C.P. Br. John Rockenbach, C.P. Deacon Manuel & Chela Valencia

# RESERVATIONS

Most people come as part of a parish group, however, you may attend any weekend. See below for the name of your captain and phone number.

Please note: All others call Nancy Boldt, Weekend Retreat Coordinator: 626.355.7188.x133

A \$50 deposit is requested at time of registration.

Captain\_\_\_\_\_ Phone (\_\_\_\_\_\_)\_\_\_\_\_\_

### 2020-2021

#### MEN

Sept 18-20, 2020	Jan 29-31, 2021
Sept 25-27, 2020	Feb 19–21, 2021
Oct 09-11, 2020	Feb 26-28, 2021
Oct 2325, 2020	Mar 05-07, 2021
Nov 20-22, 2020	Mar 19-21, 2021
Jan 08-10, 2021	Apr 16-18, 2021
Jan 15-17, 2021	Apr 23-25, 2021
Jan 22-24, 2021	Apr 30-May 02, 2021

#### WOMEN

Oct 16-18, 2020	A
Nov 06-08, 2020	Μ
Dec 04-06, 2020	Ju
Feb 05-07, 2021	Ju
Mar 26-28, 2021	

Apr 09-11, 2021 May 07-09, 2021 Jun 04-06, 2021 Jun 11-13, 2021

#### Married Couples

English Feb 12-14, 2021 Jun 25-27, 2021 Spanish Speaking Couples TBA

Online Retreats Available Register at www.materdolorosa.org